

BEEF RECIPE COOKOFF

FRIDAY 7:30 p.m.

In the Livestock Show Ring

Anyone may enter. All entries must contain beef as one of the ingredients. Bring your favorite prepared beef recipe to the Show Ring by 7:30 PM on Friday. A list of ingredients must accompany the dish, and a complete recipe must be submitted at the time of the contest. Two judges will sample each entry and they will determine the “Best.” If they can not agree, a third judge will sample both of their favorites and determine the winner. A \$50 cash prize will be awarded to the winner. The winner may submit the recipe to be published in next years Fair Book.

After the winner is announced and prizes are awarded, everyone is welcome to sample the entries.

Past Beef Cook-Off Winners:

2005 Rozina Astbury
2006 Betty Robshaw
2007 Peggy Wood
2008 Betty Robshaw
2009 Scott Grindle

2010 Winning Recipe **“My Kind of Chili”**

Carole Severance

Ingredients:

4 lbs. Ground Beef
1 67 ounce Prego Spaghetti Sauce
1 28 ounce can Diced Tomatoes
1 28 ounce can Crushed Tomatoes
1 28 ounce B&M Baked Kidney Beans
8 oz. Fresh Sliced Mushrooms
1 Lg. Chopped Green Pepper
1 Lg. Onion Chopped
Garlic (optional to taste)
½ Teaspoon Crushed Red Pepper (or to taste)
1 Tablespoon Chili Powder (or to taste)
½ Teaspoon Pepper (or to taste)
1 Teaspoon Sugar (or to taste)

Brown meat in Skillet-drain off fat. Put in Large pot. Sauté onion, green pepper, and mushrooms until soft, add to pot. Add all other ingredients. Simmer for at least 3 hours. Crock Pot works well also. More options include, chicken, pork, pepperoni, or sausage along with beef. Can top with cheese.